

Business in
the

Community



North East Essex

Health, Work & Wellbeing Master Class

Business in the Community with North East Essex PCT, is running a FREE Master Class on HEALTH, WORK & WELLBEING.
Holiday Inn Colchester
Abbotts Lane, Eight Ash Green
Colchester, Essex
CO6 3QL
Wednesday 8th February 2012
9.30am – 12.30pm

“Health & Wellbeing is a business issue – it affects our bottom line.”
Graeme Collinson, Group HSE Director – Centrica.

- **Make healthy, productive employees your competitive advantage**
- **Learn what’s worked for other local businesses**
- **Find out what support is available locally**

Companies that take proactive steps to promote employee wellness and engagement can improve their financial performance by as much as 10%. *
Can your company afford not to?

The Master Class will provide tools, information and case studies to look at the business case and to help you introduce this agenda into your business. Designed especially for the smaller business, The Master Class will feature expert speakers from BITC, Health@Work Essex and NHS North East Essex PCT.

For more information or to book a place please got to:
http://www.bitc.org.uk/events/health_work_.html

*(BITC-Commissioned research by IPSOS Mori, 2010)

Booking Form:

Health, Work & Wellbeing Essex Master class

Wednesday 8th February 2012

Please print clearly

Contact Name: _____

Job title: _____

Company: _____

Tel: _____

Email address: _____

Attendee Name: _____ Attendee Name: _____

Please inform us of any dietary requirements: _____

Please return your complete booking form to:

Email: nifa.begum@bitc.org.uk

Fax: 01638 666841

Mail: BITC, Bank House,

Po Box 93,

Newmarket,

Suffolk

CB8 1ZN.